

ISAF - Sea Survival Course - FREE SPOTS!!

Jan 21./22. & March 18./19.2016

If you want to sail offshore regattas, rated in categories 0, 1 or 2 (e. g. Helgoland - Edinburgh, Fastnet Race, Rolex Middle Sea Race, AAR, Rolex Sydney Hobart) you will need to participate in a sea survival course.

The course will cover practical training using different safety devices (life rafts, life jackets, distress signals, fire-extinguishing media,...), training on how to avoid accidents at sea as well as the proper use of safety devices. We will be using the fire departments pool in order to provide hands-on training.

To prepare your crew and boat for the upcoming season, we recommend participating in one of our winter sessions.

Find more information about us, news and registration form on our website:

www.h3training.de